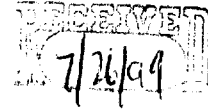


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® Vitamin E Product #10401, #10418, #10404, #10421, #10438, #10405, #10422, #10439, #10423, #10425 & #10428** bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim for **Vitamin E** is as follows:

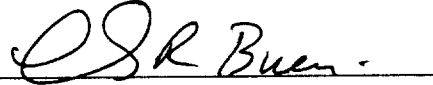
- | | |
|----------------------|---|
| (Statement 1) | Vitamin E is a key antioxidant which supports healthy heart function. |
| (Statement 2) | Maintains healthy nerves and muscles while strengthening capillary walls. |
| (Statement 3) | Promotes healthy skin and hair. |
| (Statement 4) | Acts as an antioxidant (protects against free radicals, which can damage body cells). |
| (Statement 5) | Supports immune function. |
| (Statement 6) | Crucial for healthy nerves. |
| (Statement 7) | Prevents oxidation of polyunsaturates. |
| (Statement 8) | Supports cardiovascular health. |
| (Statement 9) | It is essential to maintaining a healthy immune system, a healthy cardiovascular system and a healthy nervous system, as well as providing protection from air pollutants and other foreign substances. |

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 20th day of July, 199 7.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI

Vice President of Research